Who will you thank?

50 prompts to get your pen moving. Pick a person, finish the starter line in your own words, and send your card this November.

1 SAY WHAT THEY DID 2 SAY WHAT IT MEANT 3 SIGN IT WITH LOVE

PEOPLE WHO SHAPED YOU

1 **Someone who makes you laugh**
"I was thinking about the time we laughed so hard that..."

2 **A teacher who saw something in you**
"You probably don't remember this, but you once told me..."

3 **A coach who pushed you**
"I didn't love it at the time, but because you pushed me, I..."

4 **A mentor**
"I still use the advice you gave me about..."

5 **Someone who believed in you out loud**
"When you said you believed in me, it made me brave enough to..."

6 **The person who gave you your first chance**
"Everything I've built started when you said yes to..."

7 **A grandparent, or someone like one**
"I carry you with me every time I..."

8 **Someone who taught you a skill**
"Every time I _____, I think of you."

9 **A friend through every version of you**
"You've loved me through every phase, including the one where..."

10 **The person who told you the hard truth**
"Thank you for being honest with me when you said..."

YOUR YOUNGER SELF AND YOU

11 **Your younger self**
"Dear little me, I want you to know that..."

12 **Your body**
"Thank you for carrying me through..."

13 **The version of you who didn't quit**
"I'm proud of you for staying when you wanted to..."

14 **Your future self**
"By the time you read this, I hope you've finally..."

THE QUIET EVERYDAY HEROES

15 **Your mail carrier**
"Rain or shine, you show up, and I noticed..."

16 **The barista who knows your order**
"You make my mornings better, and here's how..."

17 **A nurse, doctor or caregiver**
"On a day I was scared, you..."

18 **The custodian or maintenance crew**
"The work you do often goes unseen, but I see..."

19 **A crossing guard or bus driver**
"Thank you for keeping our kids safe every single..."

20 **Someone in customer service**
"You didn't have to go the extra mile, but you..."

21 **A first responder**
"Because you run toward hard things, our community..."

22 **The person who cuts your hair**
"Thank you for listening to all my stories, especially the one about..."

HOME AND FAMILY

23 **A parent**
"I didn't understand it then, but now I'm grateful you..."

24 **A sibling**
"No matter what, you've always been in my corner, like when..."

25 **Your partner**
"I notice when you _____, and it means more than you know."

26 **One of your kids**
"You've taught me more than I've taught you, especially about..."

27 **A neighbor**
"You make our street feel like home by..."

28 **Someone who brought food when life was hard**
"I'll never forget when you showed up with..."

29 **Chosen family or an in-law**
"You made me feel like I belonged the day you..."

WORK AND PURPOSE

30 **A coworker**
"Work is better with you because..."

31 **Someone whose work you never see**
"I rely on what you do more than you know, especially..."

32 **Your first boss**
"I'm still using what you taught me about..."

33 **A loyal client or customer**
"Thank you for trusting me with..."

34 **Someone who gave you credit**
"When you made sure I got the credit, it showed me..."

35 **Someone who took a risk on your idea**
"Thank you for betting on me when..."

MOMENTS THAT MATTERED

36 **Someone there on your worst day**
"On one of the hardest days of my life, you..."

37 **A stranger's kindness**
"You probably have no idea, but years ago you..."

38 **Someone who helped through a big change**
"I couldn't have gotten through _____ without you."

39 **The person who introduced you to someone you love**
"Because of you, I met..."

40 **Someone who said yes**
"When I needed a yes, you gave me one, and it led to..."

41 **A friend who celebrated your win**
"You cheered for me like it was your own win when..."

THE UNEXPECTED ONES

42 **Someone you've lost touch with**
"I still think of you whenever..."

43 **Someone you never properly thanked**
"This thank-you is overdue, and here it is..."

44 **Someone you disagreed with**
"We didn't always see eye to eye, but you taught me..."

45 **An author, artist or musician**
"Your work got me through _____, and I wanted you to know."

46 **A friend's parent**
"You treated me like one of your own, especially when..."

47 **Someone going through a hard time**
"I'm thinking of you, and I'm thankful for you because..."

STRETCH PROMPTS

48 **The person who inspired a someday**
"I finally did _____, and you're part of the reason why."

49 **Someone who makes the world better**
"You might not know this, but the way you _____ makes the world better."

50 **The first name that came to mind**
"Your name came to mind first when I thought about who to thank, because..."

Proudly part of 10,000 thank-yous this November.

Sent one? Add it to the count.

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